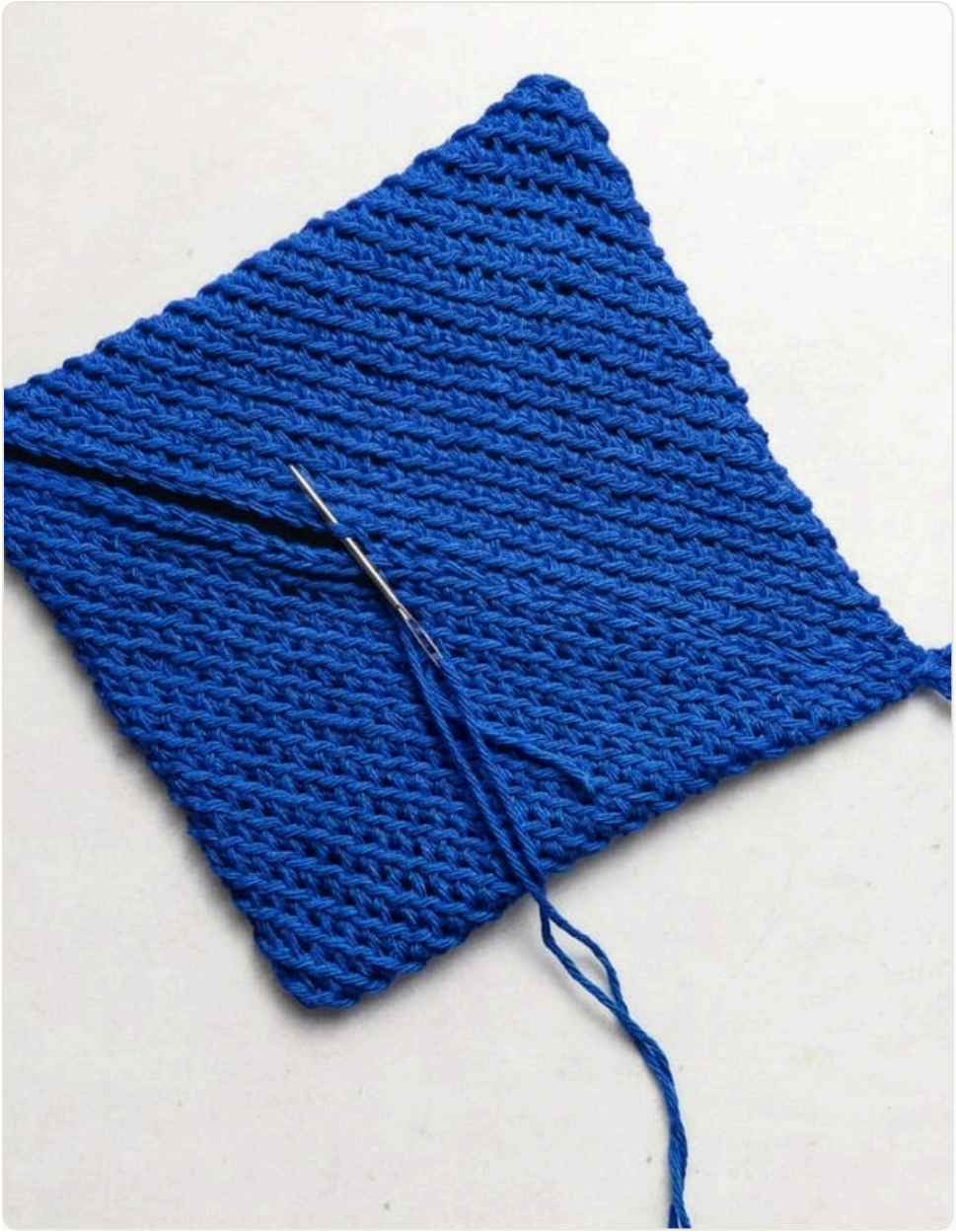
CROCHET DOUBLE THICK POTHOLDER

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SKILL LEVEL: EASY | HOOK: 5 MM (US H-8) | TIME: 2-4 HOURS

MATERIALS & YARN SPECIFICATIONS

- Yarn: Lily Sugar'n Cream (worsted weight, category 4 cotton yarn) — Cobalt Blue: 1 ball (100 yds / 2 oz.)
- Hook: Size H (5 mm) crochet hook
- Notions: Yarn Needle, Scissors, Measuring Tape, Optional: Insulated Lining Fabric

Finished Sizing: 7 in. by 7 in. square potholder
Gauge Swatch (Tension): 15 sts and 10 rows = 4" [10 cm] in single crochet

ABBREVIATIONS & CRAFT GLOSSARY

Abbr	Meaning	Abbr	Meaning
CH	chain	**SC**	single crochet
SC BLO	single crochet back loop only. Insert hook into back loop of the stitch, yarn over and pull through, yarn over and pull through last two loops on hook.	**SL ST**	slip stitch
st(s)	stitch(es)		

Maker Notes & Tips:

- While meeting exact gauge isn't critical for this project, working a tight single crochet is key to achieving a dense fabric that offers maximum heat protection.
- This pattern creates a double-thick potholder by folding the fabric in half, offering superior insulation for your hands and surfaces.
- The potholder is worked in continuous spiral rounds; remember to work into the top loop only for Round 1, not the back bump, to create a smooth edge.

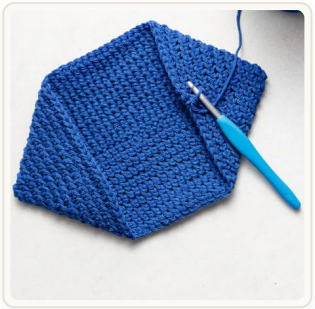
STEP-BY-STEP PATTERN INSTRUCTIONS

POTHOLDER: FOUNDATION CHAIN

1. With Cobalt Blue, CH 40. (For a 7 in. square, ensure your chain measures 10 in. long.)

POTHOLDER: ROUND 1 - ESTABLISHING THE BASE

1. SC in the second ch from the hook. (Work into the top loop only, not the back bump.) SC in each ch to the end of the starting chain.
2. Make 1 extra SC in the last ch. Continue around, making one SC in each ch on the other side of the starting chain.
3. Make one extra SC in the last ch. (80 sts)



POTHOLDER: ROUND 2 - WORKING BACK LOOP ONLY

1. SC BLO in the top of the first stitch, and each stitch around. (80 sts)

POTHOLDER: ROUNDS 3-17 - BUILDING HEIGHT

1. SC BLO in each stitch around, working in continuous rounds (aka spiral rounds).
2. Continue stitching until the work measures half as tall as it is wide. (For example, if your starting chain of 40 ch sts measured 10 in., work until the piece measures 5 in. tall. For me, that was a total of 17 rounds.)

POTHOLDER: FOLDING THE FABRIC

1. Fold the top edges in toward the center to create a diagonal seam. Check to see that the edges will meet when folded.
2. You will probably need to make a few more stitches so that your last stitch ends up in a corner, ensuring the edges align perfectly for seaming.

POTHOLDER: CREATING THE HANGING LOOP (OPTIONAL)

1. CH 12. Then, SL ST to the start of the chain to form a loop.

POTHOLDER: SEAMING THE EDGES

1. Cut yarn, leaving a 24 in. yarn tail, and pull through to secure the last stitch.
2. Match the stitches at the folded diagonal seam. Use a mattress stitch or a whip stitch with your yarn needle to sew up the seam securely.

FINISHING, BLOCKING & GARMENT CARE

Weaving Ends & Seaming

Once your beautiful Cobalt Blue potholder is seamed, take a moment to weave in all remaining yarn tails. Use your yarn needle to carefully bury them within the dense fabric on the wrong side, ensuring a neat and professional finish.

Shaping & Flat Drying

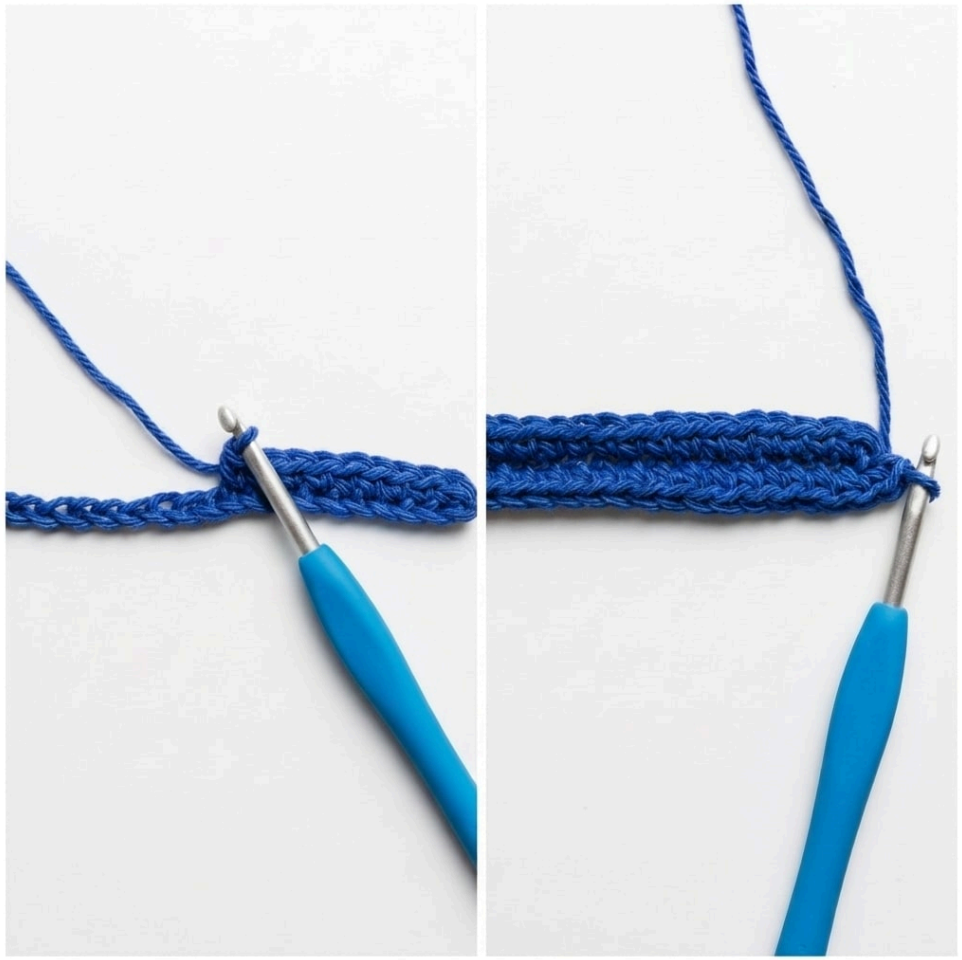
Although not strictly necessary for cotton, you can gently block your finished **crochet double thick potholder** if desired. Pin it flat to your desired 7x7 inch square measurements, mist lightly with water, and allow it to air dry completely. This helps to even out your stitches and perfect the shape.

Washing & Care Instructions

To keep your handmade potholder looking fresh, I recommend machine washing on a gentle cycle with cool water, or hand-washing for best results. Use a mild detergent. Reshape gently while damp and lay flat to air dry. Avoid high heat, as it can cause cotton to shrink. Your durable **crochet double thick potholder** is ready for years of use!

📐 VISUAL GUIDES, CHARTS & TECHNICAL SCHEMATICS





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