IRISH MOSS COCOON CARDIGAN

Facebook Instagram Pinterest



SKILL LEVEL: INTERMEDIATE | NEEDLES: 6 MM & 6.5 MM (US 10 & 10.5) | TIME: WEEKEND PROJECT

MATERIALS & YARN SPECIFICATIONS

- Yarn: Bernat® Roving™ (3.5 oz/100 g; 120 yds/109 m) — Warm Terracotta: XS/S: 9 balls (1080 yds); M: 10 balls (1200 yds); L: 11 balls (1320 yds); XL: 12 balls (1440 yds); 2/3XL: 13 balls (1560 yds); 4/5XL: 14 balls (1680 yds)
- Needles: U.S. 10 (6 mm) straight, U.S. 10½ (6.5 mm) straight, and U.S. 10 (6 mm) 40" [101.5 cm] circular knitting needl or size needed to obtain gauge.
- Notions: 2 stitch markers.

SIZING GUIDE & MEASUREMENTS

Size	To Fit Chest	Finished Dimensions
XS/S	28-34" [71-86.5 cm]	44" [112 cm]
M	36-38" [91.5-96.5 cm]	48" [122 cm]
L	40-42" [101.5-106.5 cm]	50½" [128 cm]
XL	44-46" [112-117 cm]	54½" [138 cm]
2/3XL	48-54" [122-137 cm]	58½" [148.5 cm]
4/5XL	56-62" [142-157.5 cm]	64" [162.5 cm]

Gauge Swatch (Tension): 12 sts and 16 rows = 4" [10 cm] with larger needles in stocking stitch. 3 sts and 4 rows = 1".

ABBREVIATIONS & CRAFT GLOSSARY

Abbr	Meaning	Abbr	Meaning
Alt	Alternate(ing)	**Approx**	Approximately
Beg	Begin(ning)	**Cont**	Continue(ity)
Dec	Decrease(ing)	**Inc**	Increase(ing)
Irish Moss St Pat	A textured stitch pattern described in the "BACK" section (K1, P1 repeats, then P1, K1 repeats for 4 rows).	**K**	Knit
K2tog	Knit next 2 stitches together	**P**	Purl
Pat	Pattern	**Rem**	Remain(ing)
Rep	Repeat	**RS**	Right side
Sl1P	Slip next stitch purlwise	**Slip St ribbing**	A ribbed stitch pattern described in the "SLEEVES" section (K1, Sl1P, K1, P2 repeats, the P1, K2, P3 repeats for 2 rows).
St(s)	Stitch(es)	**Tog**	Together
WS	Wrong side	**Yo**	Yarn over
W&T	RS rows: Bring yarn to front of work. Slip next stitch purlwise. Bring yarn to back of work. Slip stitch back onto left-hand needle. Turn. WS rows: Bring yarn to back of work. Slip next stitch purlwise. Bring yarn to front of work. Slip stitch back onto left-hand needle. Turn.		

Maker Notes & Tips:

- Always knit a gauge swatch before you begin to ensure your finished irish moss cocoon cardigan pattern matches the intended dimensions. It makes all the difference!
- Place locking stitch markers at key points, especially when shaping, to help you count rows and keep track of decreases or

STEP-BY-STEP PATTERN INSTRUCTIONS

BACK: MAIN BODY

1. With larger needles, cast on 78 (84-88-94-100-108) sts.
2. 1st row: (RS). K1. *K1. P1. Rep from * to last st. K1.
3. 2nd row: P1. *K1. P1. Rep from * to last st. P1.
4. 3rd row: K1. *P1. K1. Rep from * to last st. K1.
5. 4th row: P1. *P1. K1. Rep from * to last st. P1.
6. These 4 rows form Irish Moss St Pat.
7. Cont in Irish Moss St Pat until work from beg measures 8½" [21.5 cm], ending on a WS row.
8. Keeping cont of pat, dec 1 st at each end of next row and every following 6th row 5 times more. 66 (72-76-82-88-96) sts.
9. Cont even in pat until work from beg measures 27 (27-28-28-29-29)" [68.5 (68.5-71-71-73.5-73.5) cm], ending on a WS row.

BACK: SHAPE SHOULDERS

1. Cast off 7 (8-8-9-10-11) sts at beg of next 4 rows, then 8 (8-10-10-10-11) sts at beg of following 2 rows.
2. Cast off rem 22 (24-24-26-28-30) sts.

RIGHT FRONT: MAIN BODY & SIDE SHAPING

1. With larger needles, cast on 6 sts.
2. Work 2 rows in Irish Moss St Pat as given for Back.
3. Cont in pat, cast on 2 sts at beg of next 8 (6-6-5-5-3) RS rows, then cast on 3 sts at beg of following 4 (6-4-4-2-3) RS rows, taking inc sts into pat.
4. Sizes L, XL, 2/3XL and 4/5XL only: Cast on 4 sts at beg of next 2 (3-3-3) RS rows.
5. Sizes 2/3XL and 4/5XL only: Cast on 5 sts at beg of next 2 (3) RS rows.
6. All sizes: Place marker at beg of last row. 34 (36-38-40-44-48) sts.
7. Cont even in pat until work from original cast on edge measures 8½" [21.5 cm], ending on a WS row.
8. Keeping cont of pat, dec 1 st at end (side seam) of next RS row and every following 6th row 5 times more. 28 (30-32-34-38-42) sts.
9. Cont even in pat until work from original cast on edge measures 17½ (17-17½-17-17½-17½)" [44.5 (43-44.5-43-44.5-44.5) cm], ending on a WS row.

RIGHT FRONT: NECK & SHOULDER SHAPING



1. Keeping cont of pat, dec 1 st at beg of next row (neck edge) and every following 6th row 5 (5-5-5-7-7) times more. 22 (24-26-28-30-34) sts.
2. Cont even in pat until work from original cast on edge measures 27 (27-28-28-29-29)" [68.5 (68.5-71-71-73.5-73.5) cm], ending on a RS row.
3. Cast off 7 (8-8-9-10-11) sts at beg of next and following alt row.
4. Work 1 row even in pat.
5. Cast off rem 8 (8-10-10-10-12) sts.

LEFT FRONT: MAIN BODY & SIDE SHAPING

1. With larger needles, cast on 6 sts.
2. Work 3 rows in Irish Moss St as given for Back.
3. Cont in pat, cast on 2 sts at beg of next 8 (6-6-5-5-3) WS rows, then cast on 3 sts at beg of following 4 (6-4-4-2-3) WS rows, taking inc sts into pat.
4. Sizes L, XL, 2/3XL and 4/5XL only: Cast on 4 sts at beg of next 2 (3-3-3) WS rows.
5. Sizes 2/3XL and 4/5XL only: Cast on 5 sts at beg of next 2 (3) WS rows.
6. All sizes: Place marker at beg of last row. 34 (36-38-40-44-48) sts.
7. Cont even in pat until work from original cast on edge measures 8½" [21.5 cm], ending on a WS row.
8. Keeping cont of pat, dec 1 st at beg of next RS row (side seam) and every following 6th row 5 times more. 28 (30-32-34-38-42) sts.
9. Cont even in pat until work from original cast on edge measures 17½ (17-17½-17-17½-17½)" [44.5 (43-44.5-43-44.5-44.5) cm], ending on a WS row.

LEFT FRONT: NECK & SHOULDER SHAPING

1. Keeping cont of pat, dec 1 st end of next row (neck edge) and every following 6th row 5 (5-5-5-7-7) times more. 22 (24-26-28-30-34) sts.
2. Cont even in pat until work from original cast on edge measures 27 (27-28-28-29-29)" [68.5 (68.5-71-71-73.5-73.5) cm], ending on a WS row.
3. Cast off 7 (8-8-9-10-12) sts at beg of next and following alt row.
4. Work 1 row even in pat.
5. Cast off rem 8 (8-10-10-11-11) sts.

SLEEVES: RIBBING & MAIN BODY



1. With smaller needles cast on 42 (42-42-47-47-47) sts.
2. 1st row: (RS). K1. *K1. Sl1P. K1. P2. Rep from * to last st. K1.
3. 2nd row: P1. *K2. P3. Rep from * to last st. P1.
4. Rep last 2 rows Slip St ribbing until work from beg measures 3" [7.5 cm], ending on a WS row and inc 0 (0-0-1-1-1) st in center of last row. 42 (42-42-48-48-48) sts.
5. Change to larger needles.
6. Proceed in Irish Moss St Pat as given for Back, inc 1 st at each end of following 6th (6th-4th-6th-4th-4th) rows to 58 (60-64-66-70-70) sts, taking inc sts into pat.
7. Cont even in pat until work from beg measures 18½ (18½-18-18-17½-17½)" [47 (47-45.5-45.5-44.5-44.5) cm], ending on a WS row.
8. Cast off.

FINISHING: SEAMING & ASSEMBLY

1. Pin pieces to measurements. Cover with a damp cloth, leaving cloth to dry.
2. Sew shoulder seams.
3. Place markers on sides of Fronts and Back 9½ (10-10½-11-11½-11½)" [24 (25.5-26.5-28-29-29) cm] down from shoulder seams.
4. Sew in Sleeves between markers.
5. Sew side and sleeve seams.

FINISHING: BOTTOM RIBBING



1. With circular needle, RS facing and beg at Left Front marker, pick up and knit 32 (34-37-39-44-47) sts down shaped Left Front edge, 78 (84-88-94-99-108) sts across cast on edge of Back and 32 (34-37-37-44-47) sts up shaped edge of Right Front to marker. 142 (152-162-172-187-202) sts.
2. 1st row: (WS). K2. *P3. K2. Rep from * to end of row.
3. 2nd row: P2. *K1. Sl1P. K1. P2. Rep from * to end of row.
4. Rep last 2 rows until ribbing measures 6" [15 cm], ending on a WS row.
5. Cast off in ribbing.

FINISHING: COLLAR & SHAWL SHAPING

1. With circular needle and RS facing, pick up and knit 50 (49-49-47-43-42) sts up Right Front to beg of neck shaping, 32 (32-35-36-39-39) sts up Right Front neck edge, 23 (25-24-26-28-30) sts across back neck edge, 32 (32-35-36-39-39) sts down Left Front neck edge and 50 (49-49-47-43-42) sts down Left Front edge. 187 (187-192-192-192-192) sts.
2. 1st row: (WS). K2. *P3. K2. Rep from * to end of row.
3. 2nd row: P2. *K3. P2. Rep from * to end of row.
4. Rep last 2 rows 7 times more.
5. 1st row: (WS). Rib 135 (135-140-140-140-140) sts. W&T.
6. Leave rem sts unworked.
7. 2nd row: Rib 83 (83-88-88-88-88) sts. W&T.
8. 3rd row: Rib to 2 st before previously wrapped st. W&T.
9. Rep last row 13 times more. 55 (55-60-60-60-60) sts rem.
10. Next row: (WS). Rib to end of row, working sts and loops tog on wrapped sts to prevent ‘gaps’.
11. Cast off all sts loosely in rib.

FINISHING, BLOCKING & GARMENT CARE

Weaving Ends & Assembly

Once all your pieces are knitted and seamed, it's time for the final touches! Carefully weave in any remaining yarn tails on the wrong side of your work. Take your time to ensure they are secure and won't unravel, maintaining the beautiful finish of your new irish moss cocoon cardigan pattern.

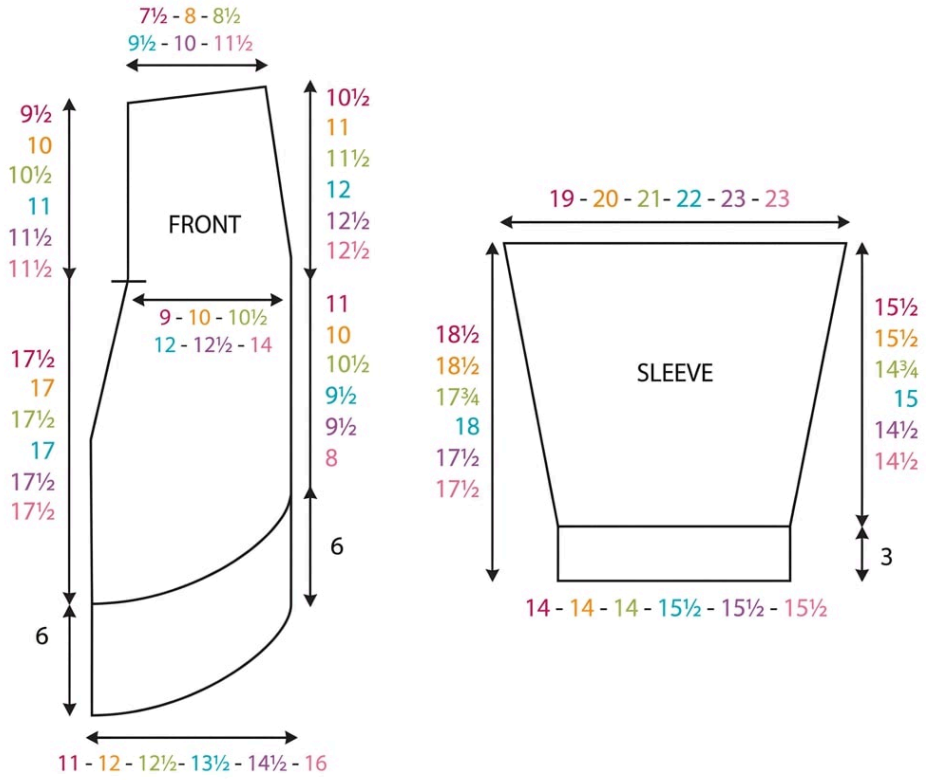
Blocking for Perfect Drape

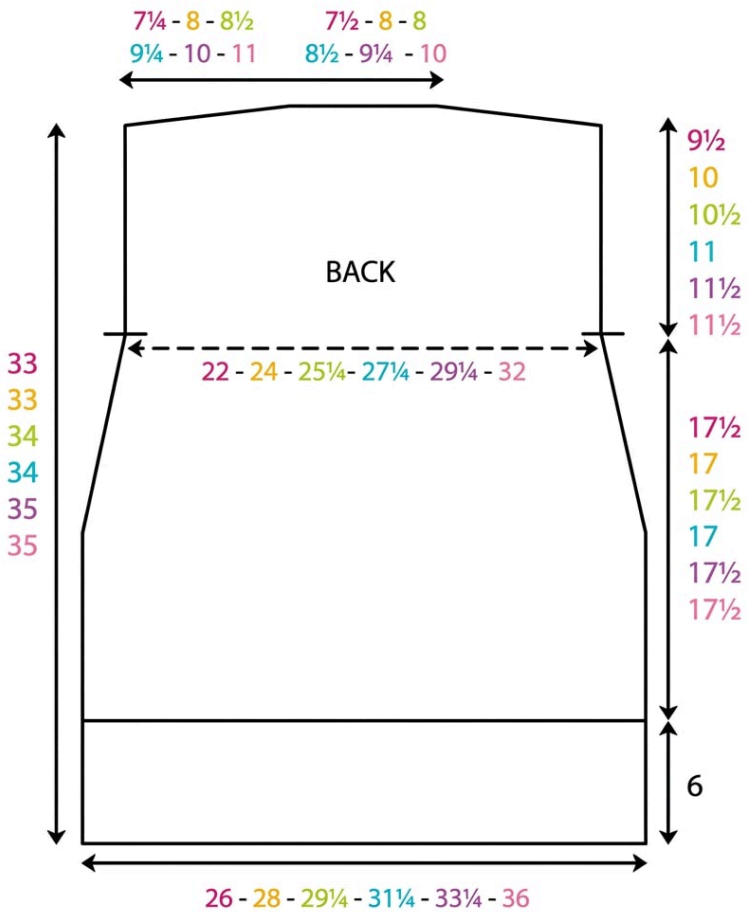
Blocking is like magic for knitted garments, especially for an irish moss cocoon cardigan pattern like this! Pin your completed cardigan to the specified finished measurements on a blocking mat. Gently cover it with a damp cloth and allow it to dry completely. This relaxes the fibers, evens out your stitches, and enhances the beautiful drape of the Roving yarn, giving your cardigan a professional, polished look.

Washing & Garment Care

To keep your beautiful Warm Terracotta cocoon cardigan looking its best, always hand-wash it in cool water using a wool-safe detergent. Gently squeeze out excess water, but avoid wringing. Lay it flat on a clean towel, then roll the towel up to absorb more moisture. Unroll and lay the cardigan flat on a dry surface, shaping it to its original measurements, and allow it to air dry away from direct heat or sunlight. This gentle care routine will ensure your handmade treasure lasts for years to come!

VISUAL GUIDES, CHARTS & TECHNICAL SCHEMATICS





© 2026 vibewarm.com • For Personal Craft Use Only • Full interactive guide at: https://www.vibewarm.com/?p=12004