KNIT HOODED SWEATSHIRT PATTERN [FREE & COZY]

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SKILL LEVEL: EASY | NEEDLES: 5 MM (US 8) & 4 MM (US 6) | TIME: WEEKEND PROJECT

MATERIALS & YARN SPECIFICATIONS

- Yarn: Bernat® Super Value™ (7 oz/197 g; 426 yds/389 m) — Main Color (MC) Cobalt Blue: XS/S, M, L, XL: 4 balls (1278 yds / 1162 m); 2/3XL, 4/5XL: 5 balls (1937 yds / 1760 m, 2086 yds / 1896 m respectively)
- Yarn: Bernat® Super Value™ (7 oz/197 g; 426 yds/389 m) — Contrast A Masala: 1 ball for all sizes (65-101 yds / 60-92 m)
- Needles: Size U.S. 8 (5 mm) Susan Bates® Silvalume® knitting needles (larger needles)
- Needles: Size U.S. 6 (4 mm) Susan Bates® Silvalume® circular knitting needle 29" [73.5 cm] long or size needed to obtain gauge (smaller needles)
- Notions: Susan Bates® stitch markers, Susan Bates® yarn needle

SIZING GUIDE & MEASUREMENTS

Size	To Fit Chest	Finished Dimensions
XS/S	28-34" [71-86.5 cm]	40" [101.5 cm]
M	36-38" [91.5-96.5 cm]	45" [114.5 cm]
L	40-42" [101.5-106.5 cm]	48" [122 cm]
XL	44-46" [112-117 cm]	51" [129.5 cm]
2/3XL	48-54" [122-137 cm]	58" [147.5 cm]
4/5XL	56-62" [142-157.5 cm]	62" [157.5 cm]

Gauge Swatch (Tension): 18 sts and 24 rows = 4" [10 cm] with larger needles in stocking st.

ABBREVIATIONS & CRAFT GLOSSARY

Abbr	Meaning	Abbr	Meaning
Alt	Alternate	**Beg**	Beginning
Cont	Continue(ity)	**Dec**	Decrease(d)(s)
Inc	Increase(d)(s)	**K**	Knit
P	Purl	**Pat**	Pattern
Rem	Remain(ing)	**Rep**	Repeat
RS	Right side	**St(s)**	Stitch(es)
Stocker St	Stocking Stitch	**Tog**	Together
WS	Wrong side	**K1. P1 ribbing**	Alternating knit 1, purl 1 stitches across the rov typically for elasticity.

Maker Notes & Tips:

- Always knit a gauge swatch before starting your project to ensure your finished easy knit hooded sweatshirt matches the intended sizing.
- The instructions are written for XS/S. If changes are necessary for larger size(s) the instructions will be written XS/S (M-L-XL-2/3XL-4/5XL).
- Numbers for each size are shown in the same color throughout the pattern; circle or highlight your size for easy reference.

STEP-BY-STEP PATTERN INSTRUCTIONS

FRONT: LOWER RIBBING

1. With Contrast A Masala and pair of larger needles cast on 91 (101-109-115-131-139) sts. Break Contrast A Masala.
2. 1st row: (RS). With Main Color Cobalt Blue, knit.
3. 2nd row: P1. *K1. P1. Rep from * to end of row.
4. 3rd row: K1. *P1. K1. Rep from * to end of row.
5. Rep last 2 rows (K1. P1) ribbing for 1½" [4 cm], ending on a WS row.

FRONT: MAIN BODY

1. Proceed in stocking st until Front from beg measures 15½ (16-16-16½-16½-16½)" [39.5 (40.5-40.5-42-42-42) cm], ending on a purl row.

FRONT: ARMHOLE SHAPING

1. Cast off 5 sts beg next 2 rows. 81 (91-99-105-121-129) sts.
2. Dec 1 st each end of next 4 (4-5-5-7-9) rows. 73 (83-89-95-107-111) sts.
3. Work 0 (0-1-1-3-5) row(s) even.
4. With Contrast A Masala, work 14 rows in stocking st.
5. With Main Color Cobalt Blue, work 2 (2-2-4-4-4) rows in stocking st.

FRONT: DIVIDE FOR FRONT OPENING - LEFT FRONT

1. 1st row: (RS). K36 (41-44-47-53-55). Turn. Leave rem sts on a spare needle.
2. Cont in stocking st until opening measures 3" [7.5 cm], ending on a knit row.

LEFT FRONT: NECK SHAPING

1. 1st row: (WS). Cast off 6 sts. Purl to end of row. 30 (35-38-41-47-49) sts.
2. 2nd row: Knit.
3. Cast off 3 sts at beg of next and following alt rows 3 times more. 18 (23-26-29-35-37) sts.
4. Beg with knit row, dec 1 st at end of row (neck edge) on next and following alt rows 3 times more. 14 (19-22-25-31-33) sts.
5. Beg with purl row, work 3 rows even.

LEFT FRONT: SHOULDER SHAPING

1. 1st row: (RS). Cast off 7 (9-11-12-15-16) sts. Knit to end of row.
2. 2nd row: Purl.
3. Cast off rem 7 (10-11-13-16-17) sts.



FRONT: DIVIDE FOR FRONT OPENING - RIGHT FRONT

1. With RS of work facing, join Main Color Cobalt Blue to rem 37 (42-45-48-54-56) sts. Cast off first st. Knit to end of row.
2. Cont in stocking st on rem 36 (41-44-47-53-55) sts until opening measures 3" [7.5 cm] ending on a purl row.

RIGHT FRONT: NECK SHAPING

1. 1st row: (RS). Cast off 6 sts. Knit to end of row. 30 (35-38-41-47-49) sts.
2. 2nd row: Purl.
3. Cast off 3 sts beg next and following alt rows 3 times more. 18 (23-26-29-35-37) sts.
4. Next row: Purl.
5. Dec 1 st at neck edge on next and following alt rows 3 times more. 14 (19-22-25-31-33) sts.
6. Beg with purl row, work 2 rows even.

RIGHT FRONT: SHOULDER SHAPING

1. 1st row: (WS). Cast off 7 (9-11-12-15-16) sts. Purl to end of row.
2. 2nd row: Knit.
3. Cast off rem 7 (10-11-13-16-17) sts.

BACK: LOWER RIBBING

1. With Contrast A Masala and pair of larger needles cast on 91 (101-109-115-131-139) sts. Break Contrast A Masala.
2. 1st row: (RS). With Main Color Cobalt Blue, knit.
3. 2nd row: P1. *K1. P1. Rep from * to end of row.
4. 3rd row: K1. *P1. K1. Rep from * to end of row.
5. Rep last 2 rows (K1. P1) ribbing for 1½" [4 cm], ending on a WS row.

BACK: MAIN BODY & ARMHOLE SHAPING



1. Proceed in stocking st until Back from beg measures 15½ (16-16-16½-16½-16½)" [39.5 (40.5-40.5-42-42-42) cm], ending on a purl row.
2. Cast off 5 sts beg next 2 rows. 81 (91-99-105-121-129) sts.
3. Dec 1 st each end of next 4 (4-5-5-7-9) rows. 73 (83-89-95-107-111) sts.
4. Work 0 (0-1-1-3-5) row(s) even.
5. With Contrast A Masala, work 14 rows in stocking st.
6. With Main Color Cobalt Blue, work 2 (2-2-4-4-4) rows in stocking st.
7. Cont in stocking st until Back measures same length as Front to beg of shoulder shaping, ending on purl row.

BACK: SHOULDER SHAPING

1. Cast off 7 (9-11-12-15-16) sts beg next 2 rows. Cast off 7 (10-11-13-16-17) sts beg next 2 rows.
2. Cast off rem 45 sts.

SLEEVES: CUFF RIBBING

1. With Contrast A Masala and pair of larger needles, cast on 59 (61-63-65-65-65) sts. Break Contrast A Masala.
2. 1st row: (RS). With Main Color Cobalt Blue, knit.
3. Proceed in (K1. P1) ribbing for 1½" [4 cm] as given for Front, ending on a WS row and inc 0 (0-2-2-2-2) sts evenly across last row. 59 (61-65-67-67-67) sts.

SLEEVES: MAIN BODY SHAPING

1. Proceed in stocking st, inc 1 st each end of 5th and every following 6th (6th-6th-6th-4th-4th) row to 73 (65-65-85-83-95) sts, then every following 8th (8th-8th-8th-6th-6th) row to 85 (85-89-95-99-103) sts.
2. Cont even until Sleeve from beg measures 18 (18-19-19-17-16½)" [44.5 (45.5-48-48-43-42) cm], ending on a purl row.

SLEEVES: SHAPE TOP

1. Cast off 5 sts beg next 2 rows. 75 (75-79-85-89-93) sts.
2. Dec 1 st each end of next 4 (4-5-5-7-9) rows. 67 (67-69-75-75-75) sts. Cast off.

HOOD: LEFT HALF

1. With Main Color Cobalt Blue and larger needles cast on 46 sts.
2. Proceed in stocking st for 8" [20.5 cm] ending with RS facing for next row.
3. Dec 1 st beg next and following alt rows 12 times. 33 sts.
4. Work 1 row even. Cast off 5 sts beg next and following alt rows 4 times.
5. Work 1 row even. Cast off rem 8 sts.

HOOD: RIGHT HALF



1. With Main Color Cobalt Blue and larger needles cast on 46 sts.
2. Proceed in stocking st for 8" [20.5 cm], ending with WS facing for next row.
3. Dec 1 st beg next and following alt rows 12 times. 33 sts.
4. Work 1 row even. Cast off 5 sts beg next and following alt rows 4 times.
5. Work 1 row even. Cast off rem 8 sts.

FINISHING: FRONT NECK EDGING

1. With RS of work facing and Main Color Cobalt Blue, pick up and knit 12 sts down left front neck opening and 12 sts up right front neck opening. 24 sts. Cast off knitwise (WS).

FINISHING: HOOD CASING

1. With RS of work facing, Main Color Cobalt Blue and circular needle pick up and knit 120 sts evenly around Hood opening (longer side edge of two sewn pieces). Do not join. Working back and forth across needle proceed as follows:
2. Beg with a purl row, work 7 rows in stocking st.
3. Cast off.
4. Fold to inside of Hood to form casing and sew in position leaving ends open.

FINISHING: TWISTED CORD

1. Cut one strand of Contrast A Masala 250" [635 cm] long. Make a slip knot at the halfway point so there are 2 strands.
2. Anchor the knot to a hook or doorknob and twist the strands to the right until they curl onto themselves.
3. Remove from anchor, bring the ends together and tie a knot at each end to prevent untwisting. The strands should now twist around each other.
4. Thread twisted cord through Hood casing.

FINISHING, BLOCKING & GARMENT CARE

Weaving Ends & Assembly

After knitting your beautiful easy knit hooded sweatshirt, it's time for the final touches! Carefully weave in all remaining yarn tails on the wrong side of your fabric using your yarn needle. For assembly, sew the shorter sides of the hood for the top seam and the shaped cast-off sides for the back seam, making sure the side edge forms the front edge around the face. Sew the shoulder seams, then sew in the sleeves. Finally, sew the side and sleeve seams, and sew the cast-on edge of the hood to the neck edge.

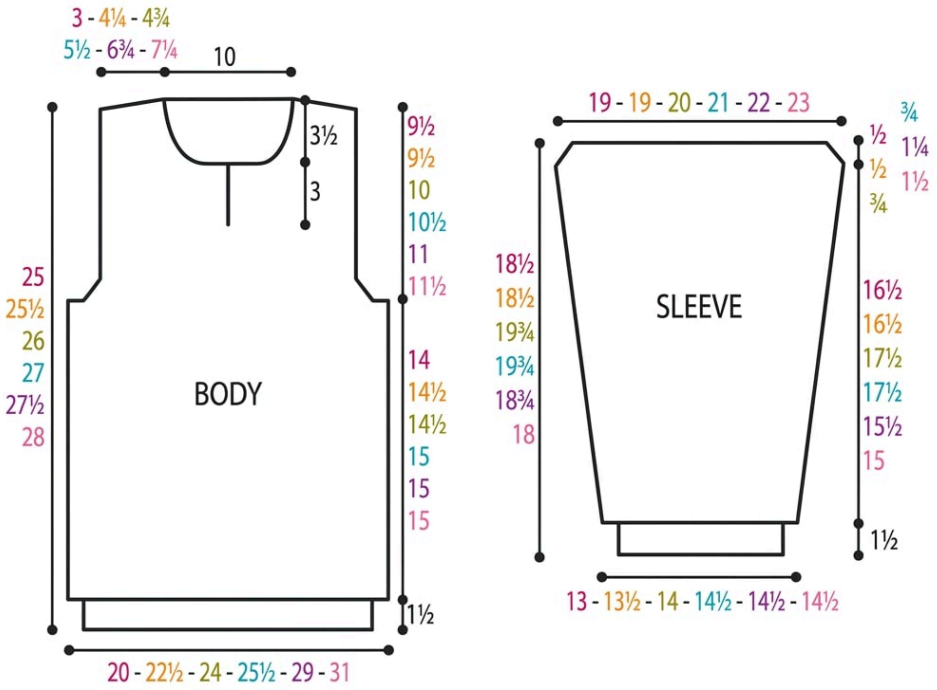
Blocking for Perfect Drape

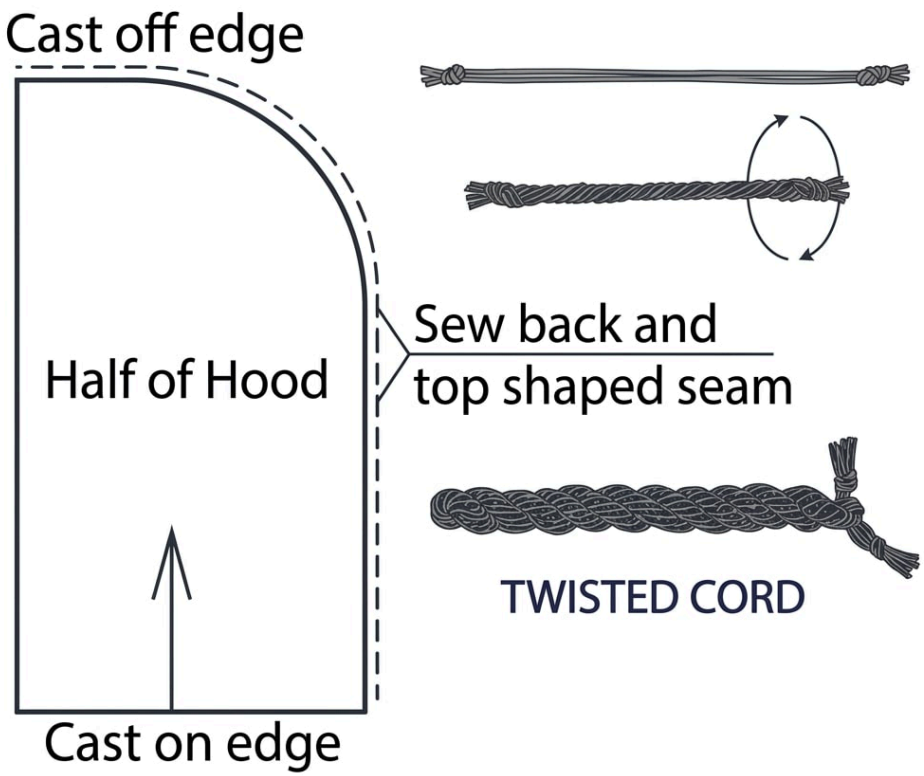
Blocking is crucial for giving your finished garment a professional, polished look. Pin each piece to the specified measurements on a flat, clean surface. Cover with a damp cloth and allow it to dry completely. This relaxes the fibers and evens out your stitches, ensuring your easy knit hooded sweatshirt has the perfect drape.

Washing & Garment Care

To keep your hand-knitted hooded sweatshirt looking its best, always hand-wash it in cool water with a gentle, wool-safe detergent. Avoid harsh scrubbing or twisting. Gently squeeze out excess water, then roll the garment in a clean, dry towel to absorb as much moisture as possible. Lay it flat on a clean surface or a mesh drying rack, away from direct sunlight or heat, reshaping it to its original dimensions as it dries. This simple care routine will ensure your cozy creation lasts for years to come!

VISUAL GUIDES, CHARTS & TECHNICAL SCHEMATICS





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